

A Guide for Prayer and Fasting

December 5, 2022 - December 9, 2022

Times of Prayer

12/5/22 - 12/9/22

Monday – Friday

12-1pm

- Park UMC: Sinclairville Campus Sanctuary
- Bemus Point UMC Sanctuary

Monday

7-8pm

- Park UMC: Sinclairville Campus

Tuesday

7-8pm

- Bemus Point UMC

Wednesday

7-8pm

- Park UMC: Cassadaga Campus

Friends,

Please join me for a week of prayer and fasting as we discern the direction God would have our churches move on December 12th. My hope is that this resource will be the beginning of those special times you spend with the Lord each day. Each day will have a theme for the day and scriptures to help guide your times in prayer. Spend as much time each day as is needed, just don't rush the Lord's time. Listen carefully and take some time to journal as the Lord speaks to you.

Fasting is intentionally abstaining from food for a defined period of time for the purpose of drawing closer to the Lord. For this week, I will be fasting through lunch each day. If you choose to fast with us this week, do it intentionally and prayerfully.

As you draw closer to God through these spiritual disciplines, take some time to process how God is responding. In all of this, be blessed in the journey with the Lord and trust Him in the process.

In Christ,
Pastor Joe

Prayer Time Themes & Scriptures

December 5, 2022

Theme - Teach Us to Pray
Scripture - Matthew 6:5-15

December 6, 2022

Theme - Seeking Wisdom
Scripture - James 1:5

December 7, 2022

Theme - The Bible as the Final Authority
Scripture - 2 Timothy 3:16-17

December 8, 2022

Theme - Listening and Waiting for the Lord
Scripture - Proverbs 18:13-16, Habakkuk 2:3-4

December 9, 2022

Theme - Trusting in the Lord
Scripture - Proverbs 3:5-6

